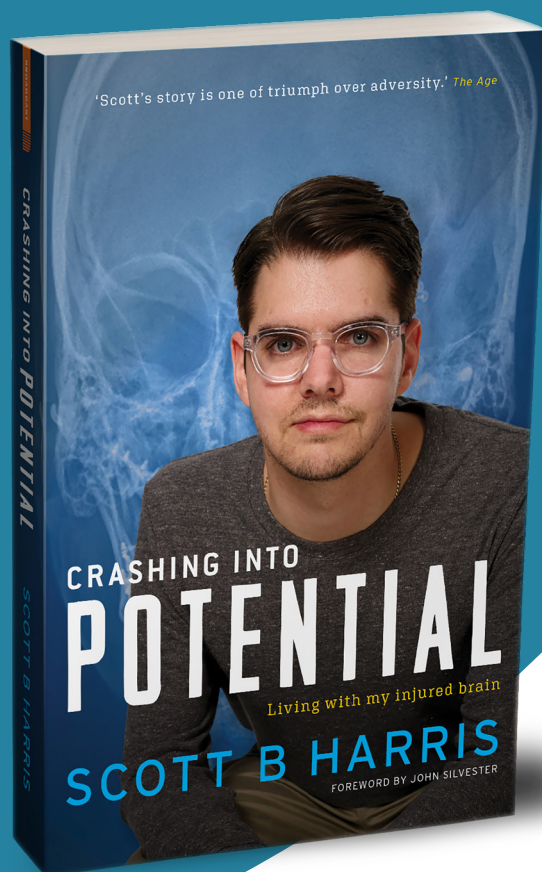


CRASHING INTO POTENTIAL

Grade 5 and 6 Apprentice Program Overview



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We respectfully acknowledge the traditional custodians of the land on which we live, learn, and create, the Wurundjeri people of the Kulin Nation.

We pay our respects to their Elders past and present, and extend that respect to all Aboriginal and Torres Strait Islander peoples who have cared for this land for thousands of years.

We also acknowledge the diverse Aboriginal and Torres Strait Islander peoples from across Australia whose lands our work reaches.

We honour their rich cultures, histories, and ongoing connection to the land, and commit to listening, learning, and walking together on the journey of reconciliation.



Crashing into Potential - Year 6 Apprenticeship Program

Program Overview

Welcome to the "CRASHING INTO POTENTIAL - YEAR 6 APPRENTICESHIP PROGRAM," an innovative, research-based 10-week journey designed to build resilience skills in Year 6 students. This program moves beyond traditional classroom boundaries to offer a comprehensive learning experience that is as engaging as it is educational. In a world where adaptability and resilience are increasingly important, our aim is to equip students with the skills they need to face the challenges of their teen years and beyond with confidence.

Students learn and explore the CRASHING INTO POTENTIAL framework that we use throughout our programs. This framework is grounded in research and has been evaluated using two separate standardised resilience scales: The Academic Resilience Scale (ARS-30) and the Connor Davidson Resilience Scale© (CD-RISC). Drawing from these two scales, John Hattie has put together a resilience scale for us, the CRASHING INTO POTENTIAL Resilience Scale (CIP-RS) that students will use to measure their own resilience.

The Year 6 program is part of the CRASHING INTO POTENTIAL Apprenticeship experience, which is held over a term each in years 5 and 6. These terms are designed to work independently, allowing for a progressive yet flexible approach to developing resilience skills.

The focus of the Year 6 program is on the vital principles of overcoming adversity as outlined by Scott B Harris: Goal Setting, Mindset, Making Choices and Perseverance. Each of these areas are explored in-depth through the lens of real-life stories, providing students with relatable examples of individuals who have demonstrated resilience in various situations, including from their own families and friends. This not only aids in understanding the concept but also inspires students to apply these lessons in their own lives.

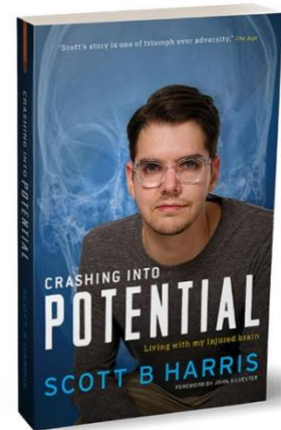
A key component of the program involves students actively engaging in research to uncover and compile stories of resilience. This research culminates in a creative presentation, where students can choose to share their findings in a panel discussion format or through a self-produced podcast or video. This approach not only fosters a deeper understanding of resilience but also enhances students' research, communication, and presentation skills.

As educators, you play a crucial role in guiding the students through this exploratory process. This program is designed to be flexible and adaptable, allowing you to tailor the experience to best suit your classroom dynamics while ensuring that the core learning objectives are met.

We are excited to embark on this journey with you and your students, fostering a learning environment that celebrates resilience and prepares students for future challenges.

Inspiration from Scott B. Harris

In 2008, Scott B. Harris's life was irrevocably changed by a devastating motorbike accident. Suffering severe injuries, including frontal lobe damage that affected his executive functioning and caused semi-paralysis, Scott faced an uphill battle towards recovery. This journey involved intense physical and mental rehabilitation and adapting to a life with disabilities, including a brain injury and a brachial plexus injury to his right arm.



However, it was through this journey of relentless challenge and adaptation that Scott discovered the profound power of resilience. He found that setting and achieving both mental and physical goals provided a purpose that propelled him forward, turning adversity into a source of strength. His experiences, which include travelling the world to inspire and assist others facing similar challenges, have positioned him uniquely to demonstrate the incredible feats one can achieve with resilience and a positive mindset.

Scott's Vision for Year 6 Students

Understanding the impact of his experiences, Scott is motivated to instil these lessons of resilience in young minds. He recognises that the skills he learned are not just vital for overcoming physical and mental challenges, but are fundamental principles for all life's challenges. With this program, Scott aims to inspire Year 6 students to develop resilience early in life, equipping them with tools to navigate their future with confidence and determination.

Purpose and Rationale

The primary goal of the "CRASHING INTO POTENTIAL - YEAR 6 APPRENTICE PROGRAM" is to cultivate resilience skills among students, equipping them to confidently face life's complexities and embrace future challenges. This program is designed to be both interactive and introspective, engaging students in a way that promotes active participation and deep reflection.

Key focus areas of the program include:

Goal Setting: Empowering students to identify, articulate, and pursue their personal and academic objectives.

Making Choices: Guiding students to make thoughtful, informed decisions, understanding their impacts and consequences.

Fostering a Growth Mindset: Encouraging an attitude that views challenges as opportunities for learning and personal growth.

Developing Perseverance: Teaching students to maintain their efforts and determination, even in the face of adversity or setbacks.

Our approach is centred on creating a learning environment that not only imparts knowledge but also inspires students to see challenges as stepping stones to growth. We believe that by fostering these resilience skills, we are preparing our students not just for academic success but for lifelong personal development.

Educational Alignment and Outcomes

Our program is written and reviewed by Australian teachers and aligned with [ACARA](#) standards. As well as covering elements of English, HASS, Health and PE, Design and Technologies and the Arts, this program contributes to students' personal and social capabilities, critical and creative thinking, and overall wellbeing. It enhances problem-solving abilities, emotional intelligence, and self-awareness.

Home-school connections

We recognise the importance of home-school connections when it comes to topics of resilience and overcoming adversity. The program has been designed to keep parents and carers informed and engaged with the learning that is happening in the classroom, and encourages students to ask questions and share their learning with their families.

The program materials include content and ideas for regular newsletters, a parent video from Scott, and at-home discussion prompts that can facilitate family involvement and reinforce resilience themes outside the classroom.

Customisation and Adaptability

The program offers flexible activity options and technology usage to cater to various teaching environments and resources, ensuring broad accessibility and adaptability.

Cultural and Social Sensitivity

Emphasising inclusivity, the program includes diverse examples of resilience, encouraging students to explore these concepts within their cultural and social contexts.

The Year 6 Apprenticeship program is more than an educational program; it's a commitment to shaping our students' futures. By participating, students will not only learn about resilience but will be empowered to embody it, equipping them with skills that extend beyond the classroom into all areas of life.

Program Structure

Sessions 1-5: Focus on introducing key themes through classroom discussions, role-plays, group activities, and reflective exercises.

Sessions 6-10: Emphasis on applying learning in a practical project, such as a podcast or panel discussion – promoting creativity, collaboration, and practical resilience skills.

Students will complete CIP-RS before beginning the program, in the middle of the program and at the end of the program to give constructive and meaningful feedback to teachers and caregivers on their progress throughout the program and areas that can be given additional focus/support if required. This assessment is a series of self-rated statements that students complete online and takes about 40 minutes to complete.

Assessment strategies are built into the program, including a student workbook, whole class and small group discussions and activities and a detailed assessment rubric for the end-of-term presentations.

Student progress will be tracked using the resilience scale and observational methods. These assessments will provide insights into behavioural changes and practical application of resilience skills.

CRASHING INTO POTENTIAL - YEAR 6 APPRENTICESHIP PROGRAM TERM OVERVIEW

Week 1	Week 2	Week 3	Week 4	Week 5
Introduction to Resilience & Scott's Story	Goal Setting	Making Choices	Developing a Growth Mindset	Perseverance
Complete resilience scale to get baseline resilience assessment score. Discussion on Scott's story and exploring resilience. Setup for home learning interview task.	Setting personal goals and understanding SMART goals.	Role-playing decision-making scenarios.	Workshop on shifting mindsets and group discussions.	Studying stories of perseverance and class discussion.
Week 6	Week 7	Week 8	Week 9	Week 10
Introduction to Podcasting/Panel Project	Research and Scriptwriting	Recording and Editing	Finalising Projects	Presentation and Reflection
Basics of podcasting/panel discussions and brainstorming session.	Research for projects and scriptwriting workshop.	Recording sessions and introduction to editing.	Finalising edits and rehearsing presentations.	Presenting podcasts/panels and reflecting on learning journey.

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