



CRASHING INTO POTENTIAL

Year 9 Bachelor Program

Program Overview

CRASHING INTO POTENTIAL Year 9 Bachelor Program, developed by Scott B Harris and evaluated by Prof. John Hattie, focuses on teaching students practical skills to overcome adversity and challenges. Unlike other wellbeing programs that emphasize resilience, CIP equips students with the tools they need to navigate difficult times.

Program Structure

- **Kickoff:** One-hour presentation by Scott B Harris to engage students with his story and the CIP framework.
- **Duration:** 10 weeks
- **Topics Covered:** Goals, Choices, Mindset, Perseverance

Subject-Specific Learning

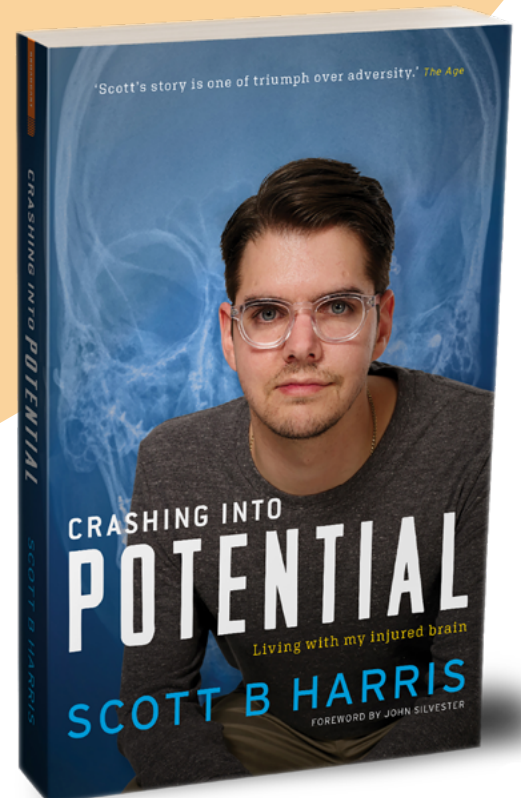
Wellbeing: A video workshop facilitated by teachers featuring 28 short videos (1-5 minutes each), focusing on goal setting and practical strategies through the CIP framework. Delivered as one 45-minute lesson per fortnight, complementing existing wellbeing initiatives.

English: Students read Scott's memoir, CRASHING INTO POTENTIAL: Living with my injured brain, and analyze his journey, extracting lessons on overcoming adversity.

HPE: Students explore their identity by writing a "Destiny Manifesto," a toolkit of core wellness strategies to help them navigate personal challenges.

Performance Arts: Students learn about the CIP framework through their chosen art form, producing performances (songs, acts, dances) that reflect themes of overcoming challenges.

Visual Arts: Students study artists who expressed resilience through their work and create a self-portrait to explore their self-image and personal adversities



Resources Provided

- **Comprehensive Teacher Resources:** A 250-page resource with detailed lesson plans, curriculum mapping, and implementation guides.
- **Student Materials:** Workbooks, planners, and reflection journals.
- **Access to Scott's Podcast:** Audio reading of CRASHING INTO POTENTIAL
- **Training:** Exclusive teacher training by Scott and Prof. John Hattie.

Program Goals

- **Equip Students with Practical Skills:** Teach students how to set goals, make informed decisions, persevere, and reflect, providing them with the tools to navigate and overcome real-life challenges.
- **Reframe Language and Perceptions:** Help students change the way they talk about their challenges and shift their mindset towards believing in their ability to overcome adversity.
- **Support Long-Term Wellbeing:** Improve students' motivation, academic performance, and mental health by empowering them and their parents with strategies to handle difficult situations, ensuring better overall wellbeing and success in life.



Curriculum Connections

- Mapped to **ACARA** standards
- **Victorian Government Practice Principles:** Supports high expectations, supportive environments, and student voice.
- **Australian Student Wellbeing Framework:** Focuses on student voice, leadership, inclusion, and support.

Implementation Considerations

- Designed to fit within the school's existing curriculum.
- Minimal planning required for teachers with extensive support materials.
- Flexibility in lesson delivery while ensuring continuity across topics.

Contact Information

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