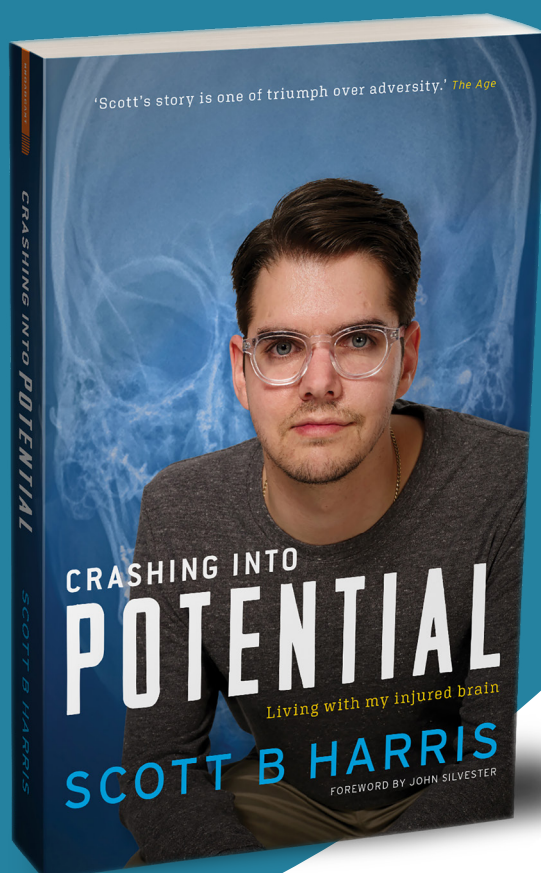




CRASHING INTO POTENTIAL

Neurodiversity Workshop For Teachers

Creating Neuroinclusive Classrooms Through Lived Experience



Why this matters

Every classroom includes students whose brains process, learn, and behave differently. Too often, those differences go unnoticed... or are misunderstood and labeled "behaviour problems". I know this firsthand. After sustaining a severe Traumatic Brain Injury when I was 23, I've lived with the challenges of a diverse brain and invisible learning barriers. I bring both lived experience and research-backed strategies (in collaboration with Professor John Hattie) to help teachers recognise what's really going on and adjust what they do and how they do it, so every learner thrives.

What you'll gain

- A deeper understanding of neurodiversity: ADHD, autism, dyslexia, brain injury and more
- The ability to recognise the "quiet strugglers," students who feel overwhelmed, not defiant
- Practical strategies that reduce distraction, disengagement, overload and behaviour issues
- Tools you can apply tomorrow: predictable routines, visual supports, multi-sensory teaching, task-chunking and more.
- Enhanced empathy: you'll feel what it's like so you can support students more intentionally.



Workshop structure

- **Duration:** 2-3 hours (customisable to your school's needs)
- **First hour:** Keynote - My story, the brain behind neurodiversity, overcoming adversity in order to thrive
- **Second - Third hour:** Interactive workshop - Simulations (cognitive overload, sensory overload, executive dysfunction, and more), group activities, practical classroom tools.
- **Wrap-up:** Q&A, take-away checklist and resource pack to support your practice.

Ideal for: Curriculum Days • Wellbeing PD • Teacher Planning Days • Staff Meetings

Audience: Specialist Schools, Alternative Schools, Mainstream Schools, Primary & Secondary Teachers, Education Support Staff, Leadership Teams