



CRASHING INTO POTENTIAL

English

Over the course of 10 weeks, students will engage with Scott Harris's memoir, *CRASHING INTO POTENTIAL: Living with my injured brain*. This English subject is designed to bring the powerful story of resilience and recovery to life, as learners read and actively dissect the book chapter by chapter. Through guided analysis and discussion, students will explore the memoir's themes, literary techniques, and personal narratives, deepening their understanding of both the text and the broader human experience.

Lesson 1: GOALS – Telling Your Story (Week 1)

- Introduce goal setting as a tool for personal storytelling and growth
- Use literary devices like metaphor to communicate deeper meaning and personal insights
- Analyze how texts shape emotions, feelings, and personal perspectives

Lesson 2: GOALS – Teamwork Makes the Goals Work (Week 2)

- Collaborate as a team to set, plan, and work towards shared goals
- Discuss and uncover deeper meanings and messages within selected texts
- Analyze the roles of people, context, and events to organize and express ideas

Lesson 3: MAKING CHOICES – Understanding Adversity and Resilience (Week 3)

- Identify and analyse personal and literary examples of adversity
- Reflect on and discuss the concept of resilience in personal and literary contexts
- Develop strategies for overcoming challenges by drawing parallels between text and life

Lesson 4: MAKING CHOICES – Can Social Media be a Force for Good? (Week 4)

- Critically evaluate the impact of social media on individuals and society
- Discuss and debate positive and negative aspects of social media
- Develop informed opinions and communicate them effectively

Lesson 5: MINDSET – Using Story to Teach Lessons (Week 5)

- Identify how stories can be used to teach life lessons.
- Analyse the use of narrative structure and literary devices to convey messages
- Reflect on personal experiences and relate them to broader themes

Lesson 6: MINDSET – Reframing Challenges (Week 6)

- Learn techniques for reframing challenges and setbacks
- Apply positive mindset strategies to personal and academic contexts
- Reflect on the impact of mindset on overcoming adversity

Lesson 7: PERSEVERANCE – Overcoming Challenges (Week 7)

- Identify examples of perseverance in literature and personal life
- Analyse strategies for overcoming obstacles
- Reflect on the importance of persistence and resilience

Lesson 8: PERSEVERANCE – Overcoming Times of Adversity (Week 8)

- Discuss and reflect on times of adversity and the role of perseverance
- Develop personal strategies for managing difficult situations
- Connect literary themes to real-life experiences

Lesson 9: DISCUSSION – Reflecting on the Text (Week 9)

- Engage in critical reflection on the text studied
- Share insights and personal responses to the text
- Develop discussion skills and the ability to articulate personal viewpoints

Lesson 10: DISCUSSION – Reflecting on My Learning (Week 10)

- Reflect on personal learning and growth throughout the unit
- Identify key takeaways and areas for further development
- Articulate personal achievements and future goals