



CRASHING INTO  
**POTENTIAL**

Goal Brainstorm

*Social Goals*

*Sporting Goals*

*Academic Goals*

*Creative Goals*

# CRASHING INTO POTENTIAL

## Goals Roadmap

**Yearly Goal:** Make new friends

### Monthly

1. Attend 1 social event
2. Join or attend 1 club or group meeting
3. Develop good listening skills

### Weekly

1. Start 3 conversations with a classmate
2. Invite 3 new people to join you at lunch
3. Attend 1 extracurricular activity

### Daily

1. Smile at everyone you talk to
2. Say hello to someone new each day
3. Be kind and inclusive to everyone

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## Goals Roadmap

**Yearly Goal:** \_\_\_\_\_

<b>Monthly</b>	1.
	2.
	3.

<b>Weekly</b>	1.
	2.
	3.

<b>Daily</b>	1.
	2.
	3.