

# Taking Accountability

**Year Level:** 9

**Subject:** Health and Physical Education

**Duration:** 45 minutes

**Note:** The above lesson plan and worksheets are just examples and can be modified according to the specific needs and context of the class.

## Curriculum Links

(ACPPS074) Investigate the benefits of relationships and examine their impact on their own and others' health and wellbeing

(ACPPS075) Analyse factors that influence emotions, and develop strategies to demonstrate empathy and sensitivity

(ACPPS097) Plan and evaluate new and creative interventions that promote their own and others' connection to community and natural and built environments

**Learning Objectives:** Students will be able to understand and demonstrate accountability in their personal and social lives.

**Prior Knowledge:** Students are expected to have an understanding of the meaning of responsibility and how it relates to personal and social situations.

## Materials Needed

- Whiteboard and markers
- Key Principles of Accountability handout
- Handouts of accountability scenarios (Worksheet 1)
- Accountability reflection sheet (Worksheet 2)

**Assessment:** Students will be assessed through their participation in class discussions and their completion of the reflection sheet (Worksheet 2). Convey the assessment before commencing the class.

# Lesson Plan

*Important – Don't tell the class that the lesson is on accountability*

## **5 mins – Introduction:**

Commence the class by asking the students for a show of hands for everyone who has ever done something nice for someone else that they have felt really good about? Commend them for the quick show of hands and pick someone to share what they have done that was nice and write it on the whiteboard.

Now ask the class who has ever bullied someone or stolen something before. Pause briefly, and then acknowledge that few of us have a problem owning up to actions that we feel good about, but it's often more difficult to own up to actions that we know are wrong, mistakes we've made or actions that may get us in trouble. Now explain that taking responsibility for our actions is the topic for today and ask someone what they think the definition of accountability is.

## **5 mins – Key principles of accountability**

The teacher will give the Key Principles of Accountability handout to the students and discuss the 4 key principles for them to think about - Responsibility, Ownership, Consequences and Integrity.

## **10 mins – Accountability Scenarios**

Students will be divided into small groups and given handouts of accountability scenarios (**Worksheet 1**). Each group will be asked to discuss the scenario and identify the actions that demonstrate accountability.

## **10 mins – Class Discussion**

The teacher will facilitate a class discussion where each group will present their findings. The teacher will ask questions to encourage critical thinking and challenge the students to consider different perspectives.

## **10 mins – Accountability Reflection:**

Each student will be given a reflection sheet (**Worksheet 2**) where they will be asked to reflect on their personal level of accountability in different areas of their life. The teacher will provide examples to guide their thinking.

## **5 mins Conclusion**

The teacher will summarize the key points of the lesson and encourage students to apply what they have learned in their personal and social lives.

# Key Principles of Accountability

## 1. Responsibility:

Responsibility refers to being responsible for one's actions and decisions. In the context of accountability, it means taking ownership of one's mistakes and accepting the consequences that come with them. When we are accountable for our actions, we are taking responsibility for what we have done.

## 2. Ownership:

Ownership refers to taking ownership of one's actions and decisions, and being accountable for the outcomes that result from those actions. When we take ownership of our actions, we are accepting responsibility for the consequences that come with them. This is an important part of accountability, as it helps us to be more aware of the impact that our actions have on others.

## 3. Consequences:

Consequences refer to the outcomes or results that come from our actions. When we are accountable for our actions, we are willing to accept the consequences that come with them, whether they are positive or negative. This means taking responsibility for the outcomes of our actions, and being willing to learn from our mistakes.

## 4. Integrity:

Integrity refers to having strong moral principles and being honest and ethical in our actions and decisions. In the context of accountability, it means being truthful and transparent about our actions and decisions, and being willing to take responsibility for any mistakes or errors that we make. When we have integrity, we are more likely to be accountable for our actions, as we are committed to doing what is right and taking ownership of our mistakes.

# Worksheet 1: Accountability Scenarios

**Scenario 1:** Your group has an assignment due in a week. One member of the group is not contributing to the project. What actions can the rest of the group take to hold that member accountable?

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**Scenario 2:** You promised your friend that you would go to their birthday party on Saturday night. On Friday, you get invited to a different party that sounds more fun. What actions can you take to be accountable to your friend and show integrity?

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**Scenario 3:** You are playing a team sport and your team loses the game. One of your teammates blames another teammate for the loss. What actions can you take to hold everyone accountable for their actions and show empathy towards your teammates?

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# Worksheet 2: Accountability Reflection

Think about the following areas of your life and reflect on how accountable you are.

**Personal Responsibility:** How responsible are you for your own health and wellbeing? Justify your answer as to why you think this statement is true.

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**Social Responsibility:** How responsible are you for your impact on your friends and family? Justify your answer as to why you think this statement is true.

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**Community Responsibility:** How responsible are you for the impact you have on the community and the environment? Justify your answer as to why you think this statement is true.

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What actions can you take to be more accountable in these 3 areas? Give specific examples.

**Personal**

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**Social**

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**Community**

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